



STDs AMONG YOUTH & YOUNG ADULTS IN SAN FRANCISCO

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TOPICS OF DISCUSSION

- **STDS in SF**
- **Current Strategies**
- **New Protective gear**



Current Strategies

- **Gonorrhea & chlamydia urine screening is offered at all public clinics.**
- **Recommend all sexually active youth get screened for STDs every six months.**
- **STD/YUTHE staff conducts street & venue based urine STD screening/counseling along with field delivered treatment and sex partner packs.**



Current Strategies Cont'd

- **STD/HIV prevention education and screening efforts should be targeted for underserved communities and populations.**
- **STD screening process must be simple.**
- **Inform youth about the entire screening process so the follow-up will be less problematic.**
- **STD Program sends out monthly STD reports and update information to all adolescent medical providers in the city.**



Counseling Messages for STD/HIV Prevention

- **Discuss how healthy sex can fit their life, and how to feel good about themselves and their body.**
- **There are many other underlying issues of concern to discuss such as: depression, anger, stress, coming out.**
- **Discuss how having sex under the influence of drugs/alcohol can influence them to do things outside of their comfort zone.**

Protective Gear

- **Advise youth to keep gear with them. Check from time to time during sex to make sure condom has not broken.**
- **Recommend using LUBE & more LUBE.**
- **Don't depend on sex partner to have the gear.**
- **Latex gloves, dental dams (flavored) and female condoms are other protective gear items that can be used but not always easy to find and may be costly.**



or the Latest STD Statistics

Go to the SF Health Department Website:

www.dph.sf.ca.us

Click on Reports – then click on Health Assessments & Data, scroll down to STD 2001 Annual Report. Inside there is an entire section on Adolescent STD stats by age, race & neighborhood



For More Information

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