

Are you concerned about adolescent mental health services in San Francisco? Do you understand how to access services?

Network with colleagues -- old and new -- to discuss issues specific to young people when it comes to mental health.

**Please join the Adolescent Health Working Group at our next quarterly meeting on
Tuesday, April 23rd, from 3-5 pm,
in Hearing Room #9 at the State Building (455 Golden Gate,
between Polk and Larkin).**

During this meeting, we will meet and welcome new individuals in our adolescent health community: Stacey Blakenbaker, Wellness Center Coordinator; Saba Brelvi, Director of Cole Street Clinic; and Rowena Tarantino, Manager of Health Education, Cultural and Linguistic Services, San Francisco Health Plan.

Our panel discussion about mental health in San Francisco will address the following:

- How to use the mental health system in San Francisco
- Confronting and reducing the stigma surrounding mental health for young people
- How we can better coordinate mental health services for youth in San Francisco

Speakers include Miriam Martinez (SFGH Department of Psychiatry), Stella Rubenstein (Balboa Teen Clinic), David Knopf (UCSF Division of Adolescent Medicine), and a young person.

This meeting represents a critical first step in our process to tackle adolescent mental health in San Francisco. After this meeting, the Adolescent Health Working Group will form a task force to address mental health issues for young people in San Francisco. We invite you to join us.

We're looking forward to seeing you on April 23rd.

RSVP to Jenn Kaufman at 415.576.1170 x313 or jenn@ahwg.net.

Feel free to pass this on to your friends and colleagues.

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