

# Youth Health Rights & Responsibilities

## ***As a youth in the health care system, I have the right:***

- ☐ To be treated respectfully by all staff.
- ☐ To receive comprehensive quality care and appropriate health services by staff who are comfortable and experienced with young people.
- ☐ To be presented with honest and complete health information, guidance and care.
- ☐ To include family members, friends, and partners in my care at my request.
- ☐ To request a clinician with whom I feel comfortable, and to ask for a second opinion when I believe it's necessary.
- ☐ To communicate with members of the healthcare team in a language and manner that is understandable to me.
- ☐ To have the conditions and limitations of confidentiality explained to me.
- ☐ To be addressed by my name and to know the names of doctors, nurses and others who help care for me.
- ☐ To be informed about my health care benefits and health plan procedures.
- ☐ To review my records.

## ***AND, I have the responsibility:***

- ☐ To give honest and complete information to my healthcare providers, and let them know if my health changes.
- ☐ To ask questions about my health or health care including the names, purposes, and side effects of medications that are prescribed for me.
- ☐ To follow the plan I decide on with my healthcare providers, and let them know if I choose to change my mind.
- ☐ To treat the clinic staff, other patients, and the clinic policies with respect.

When you have questions - **ASK!**

When you have complaints - **SPEAK UP!**

When you like what happens - **SMILE AND SAY THANKS!**