

## **Youth Behavioral Health Rights & Responsibilities**

**As a youth in the Behavioral health care system, I have the right to:**

- ★ Be treated with respect.
- ★ Receive quality care and services from providers and staff who are comfortable and experienced working with young people.
- ★ Be presented with honest and complete information and guidance including being informed of all available treatment options.
- ★ Request to see a provider that I feel comfortable with, and to ask for a second opinion when it's necessary.
- ★ Communicate with the provider and staff in a language and manner that I understand.
- ★ Have confidentiality and its limitations explained to me.
- ★ Include family members, friends, and partners in my care at my request.
- ★ Be addressed by my name and to know the names and roles of the providers and staff who help care for me.
- ★ Be informed about my health benefits, health plan procedures, and billing process.
- ★ Review my records.

**And, I have the responsibility to:**

- ★ Give honest and complete information and let my provider know if my health or situation changes.
- ★ Ask questions about my health or health care including the names, purposes, and side effects of medications that are prescribed to me.
- ★ Follow the plan that I decide on with my provider, and let her/him know if I choose to change my mind about my treatment.
- ★ Be on time for my appointments and call if I will be late or must cancel an appointment.
- ★ Treat staff, other clients or patients, and office policies with respect.

**When you have questions- ASK!**

**When you have concerns- SPEAK UP!**

**When you like what happens- SMILE AND SAY THANKS!**

*Do you have any comments or questions about this handout? Please contact Adolescent Health Working Group by emailing [feedback@ahwg.net](mailto:feedback@ahwg.net) or calling (415) 554-8429. Thank you.*

Source:

1) Adolescent Health Working Group. Youth Health Rights and Responsibilities. 2003, <http://www.ahwg.net/resources/resources.htm>.