

Am I Normal? A Tour of Male Genitals

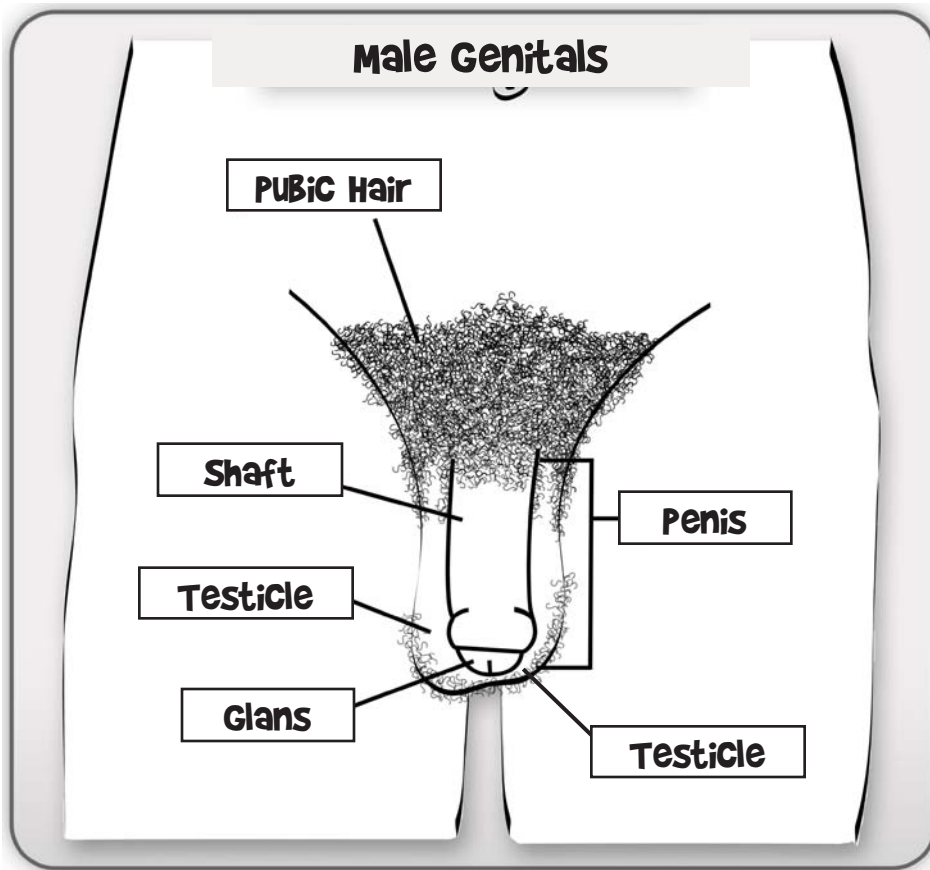


Diagram reproduced with permission from www.Avert.org

KEY TERMS

- ☆ **PUBiC Hair** - hair that surrounds the sex organs.
- ☆ **Penis** - the male sex organ that is made up of the glans and the shaft.
- ☆ **Shaft** - the long part of the penis below the glans. It grows longer when sexually aroused.
- ☆ **Glans** - the tip or head of the penis. At the tip of the glans is the urethral opening. The urethral opening is a small opening that releases urine, semen, and pre-ejaculate fluid..
- ☆ **Testicles** - reproductive glands that make sperm and testosterone. They are covered by a loose skin called the scrotum.

Fact Check: The Male Genitals

- ✓ Male genitals come in different sizes, colors and shapes.
- ✓ Penises can change a lot in size. They can go from flaccid (soft) to erect (hard).
- ✓ Some penises are circumcised. Circumcision is when the foreskin or loose skin that covers the glans of the penis is cut. Parents often decide whether or not to circumcise their boys.

How to Keep Your genitals Healthy:

- ✓ Wear clothes that fit loosely. This prevents Jock Itch, irritation or chapping in the genital area.
- ✓ If you play sports, wear an athletic supporter to protect your sex organs.
- ✓ Wear cotton underwear and change them every day.
- ✓ Wash with warm water and mild soap.
- ✓ If you are uncircumcised, gently pull back the skin on the head of your penis. Wash that area with soap and water.
- ✓ Try and learn what your genitals looks like. If you notice anything that's not normal (lumps, bumps, changes in discharge) let your healthcare provider know.