

Sex, Technology & You

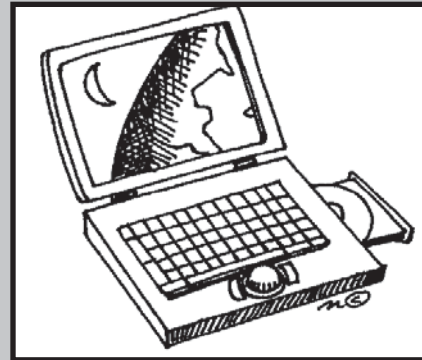
So, You Met Someone Online...

Some questions to ask yourself are:

1. Does their story stay the same about their age and background?
2. If sex is brought up, are they respectful about it?
3. Are they ok when you say you don't want to give out personal information? Are they ok when you say you don't want to meet face to face?

If **YES**, these are some of the signs of a healthy relationship - online.

If **NO**, then you may want to consider meeting other new people.



DID YOU KNOW... sending a naked picture can be illegal?



This includes pictures you post online and text messages. You can get in trouble with the law for sending or receiving a sexual text message. You may send your picture to someone you trust. But some pictures are forwarded during a break up or an argument. Think about where your picture might end up before you press SEND.

TIPS for Keeping Your Information Private

- ✓ Make sure your messages are private. Add this at the end of your e-mail: "This email message and any files transmitted with it are private and intended only for the individual to whom they are addressed."
- ✓ Prevent IM forwarding. Set your chats to "off the record." This means no record of your conversation will be saved. Keep in mind that a text can still be copied and pasted.
- ✓ If you want to make sure that your text is private, send anonymous messages through services such as www.anontxt.com.
- ✓ Use a screen name different from your real name when in chat rooms.
- ✓ Check out the privacy settings for your social networking site. You can control who can see your profile. Also, never post your phone number or address so it can be seen publicly.

