

Be Safe With Sex Toys

- KEEP them Clean.** Toys are made from all different types of materials. They can be really hard to clean or really easy to clean. Follow the directions on the labels for cleaning and storing. Dry your toys well after you clean them.
- Know the Difference Between sex toy materials:**



- ▶ **100% silicone** - Can be washed with antibacterial soap or in a dishwasher.
- ▶ **Glass** - Can be washed in mild liquid soap and warm water.
- ▶ **Elastomer and Vinyl** - Bacteria remain after it's washed in mild liquid soap and warm water.
- ▶ **Jelly RUBBER and Polyvinyl Chlorides (PVC)** - Bacteria remain after it's washed in mild liquid soap and warm water.

- Always use a condom when using sex toys with a partner and when they are hard to clean.**
- Remember to put on a new condom when you are:**
 - ✓ Done using a toy and want to share it with a partner
 - ✓ Going from one hole to another (especially from anus to vagina)
- Read labels.** Avoid toys that have substances like “phthalates.” Look for phthalate-free toys. They are safer for your health.
- only use toys that are flared at the bottom for anal sex.** This way, it won't get stuck.



What if you Don't have time or money to Buy sex toys?

Cucumbers, carrots, and bananas (with the peel) make great dildos. Just remember to use a condom!

